

# Challenge Journal



Self-reading challenge

One hundred and twenty questions in  
thirty days.

(120 in 30)

*Starts September 1, 2011*



**TarotSeek™**

Read Tarot Cards For Yourself

Volume 1

By Psychic Jucy

Higher Mind Publications  
[www.highermindbooks.com](http://www.highermindbooks.com)

TarotSeek™  
<http://www.TarotSeek.com>

© 2011 Psychic Jucy aka Abella Jucy Arthur

Refer to, **Developing Self-Interview Questions** and **Appendix E: Sample TarotSeek Sessions** in *TarotSeek™: Read Tarot Cards For Yourself, Volume 1*.

- **Self-Reading Challenge Tips**
- **Challenge lasts for 30 days. The challenge is to answer four questions a day, the TarotSeek way. Don't repeat questions and ensure every question is original.**
- **If you skip a day or days, don't worry. Do as many days as you can until the 30 days are up!**
- **Create a whole bunch of questions and then pick four for the day. Put the rest away for another day or session. You do not need to create 120 questions in one sitting.**
- **Once a session is finished, it will likely lead to new questions. Carry those questions over to future days or sessions.**
- **Referring to the Self-Interview Set Up section in the guide, instead of doing Step Eight: "Below the question, write a mini-analysis of what your response suggests.", consider using the form provided in this document.**
- **Organize your session papers for easy retrieval.**
- **Check in with the [forum](#) to get ideas, support, and to share.**
- **You can print out 30 pages worth of challenge forms (consider double sided), print out one page and photocopy it, or type your responses within the form and save it to your computer without having printed anything. You can also create your own challenge journal. If you print pages, consider getting a nice folder, binder, or what-have-you to store your 30 days.**

# **TarotSeek™ Read Tarot Cards For Yourself, Volume 1**

**By Psychic Jucy**

**This guide can be purchased through**

**[Smashwords](#), [Amazon.com](#), or [Amazon.co.uk](#)**

**Day** \_\_\_ **Date:** \_\_\_\_\_

*Question 1* Name of tarot card: \_\_\_\_\_

After seeing the question you were answering, what do your impressions mean to you now? \_\_\_\_\_

---

---

What advice, action, or suggestion do you have for yourself? \_\_\_\_\_

---

*Question 2* Name of tarot card: \_\_\_\_\_

After seeing the question you were answering, what do your impressions mean to you now? \_\_\_\_\_

---

---

What advice, action, or suggestion do you have for yourself? \_\_\_\_\_

---

*Question 3* Name of tarot card: \_\_\_\_\_

After seeing the question you were answering, what do your impressions mean to you now? \_\_\_\_\_

---

---

What advice, action, or suggestion do you have for yourself? \_\_\_\_\_

---

*Question 4* Name of tarot card: \_\_\_\_\_

After seeing the question you were answering, what do your impressions mean to you now? \_\_\_\_\_

---

---

What advice, action, or suggestion do you have for yourself? \_\_\_\_\_

---

# Lessons Learned

At the end of the 30 day challenge, answer these questions for yourself:

What themes or questions repeated themselves the most? (love, work, health, education, etc)

---

---

---

---

Were your questions answered? Which questions got answered and which didn't? Do you know why?

---

---

---

---

What did you learn about yourself from doing this exercise?

---

---

---

---