

Challenge Journal



Self-reading challenge

Twenty-one questions in four weeks.

(21 in 4)

First week started: October 17th, 2011



TarotSeek™

Read Tarot Cards For Yourself

Volume 1

By Psychic Jucy

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Refer to, **Developing Self-Interview Questions** and **Appendix E: Sample TarotSeek Sessions** in *TarotSeek™: Read Tarot Cards For Yourself, Volume 1*.

- **Self-Reading Challenge Tips**
- **Challenge lasts for 4 weeks. The challenge is to answer four questions a week (one session), the TarotSeek way. Don't repeat questions and ensure every question is original.**
- **If you skip a day or days, don't worry. Do as many days as you can until the 4 weeks are up!**
- **Create a whole bunch of questions and then pick four for the day. Put the rest away for another day or session. You do not need to create 21 questions in one sitting.**
- **Once a session is finished, it will likely lead to new questions. Carry those questions over to future days or sessions.**
- **Referring to the Self-Interview Set Up section in the guide, instead of doing Step Eight: "Below the question, write a mini-analysis of what your response suggests.", consider using the form provided in this document.**
- **Organize your session papers for easy retrieval.**
- **Check in with the [blog](#) to get ideas, support, and to share.**
- **You can print out 4 pages worth of challenge forms (consider double sided), print out one page and photocopy it, or type your responses within the form and save it to your computer without having printed anything. You can also create your own challenge journal. If you print pages, consider getting a nice folder, binder, or what-have-you to store your 4 weeks.**

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Our website (best price)

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Week____ **Date:**_____

Question 1 Name of tarot card:_____

After seeing the question you were answering, what do your impressions mean to you now?_____

What advice, action, or suggestion do you have for yourself?_____

Question 2 Name of tarot card:_____

After seeing the question you were answering, what do your impressions mean to you now?_____

What advice, action, or suggestion do you have for yourself?_____

Question 3 Name of tarot card:_____

After seeing the question you were answering, what do your impressions mean to you now?_____

What advice, action, or suggestion do you have for yourself?_____

Question 4 Name of tarot card:_____

After seeing the question you were answering, what do your impressions mean to you now?_____

What advice, action, or suggestion do you have for yourself?_____

Lessons Learned

At the end of the 4 week challenge, answer these questions for yourself:

What themes or questions repeated themselves the most? (love, work, health, education, etc)

Were your questions answered? Which questions got answered and which didn't? Do you know why?

What did you learn about yourself from doing this exercise?
